**Description:** A hearty dinner recipe made with ground beef, egg, and bread, perfect for a comforting meal

## Ingredients:

- 500g ground beef
- 1 egg
- 1 bread loaf
- 1 tsp salt
- 1 tsp pepper

## Instructions:

- 1. Preheat the oven to 180°C
- 2. Cut the bread loaf into small pieces and blend into crumbs
- 3. In a large bowl, mix the ground beef, egg, bread crumbs, salt, and pepper
- 4. Transfer the mixture to a loaf pan and shape into a loaf
- 5. Bake for 45 minutes or until the meat is cooked through

## Tips:

- Let the meatloaf rest for 10 minutes before slicing
- Serve with your favorite sauce or gravy

Generated on: 10/17/2025, 9:02:44 PM

Original ingredients requested: ground beef, egg, bread loaf, salt, pepper (Meal type: dinner)