## Ingredients:

- 4 salmon fillets (6 oz each)
- 1 cup almonds
- 2 cups mixed carrots
- 1 cup corn kernels
- 2 cups cooked rice

## Instructions:

- 1. Preheat the oven to 425°F (220°C)
- 2. Toss the carrots and corn with olive oil, salt, and pepper, and roast in the oven for 20-25 minutes
- 3. Grill the salmon fillets for 4-5 minutes per side, or until cooked through
- 4. Cook the rice according to package instructions, then stir in sliced almonds and a drizzle of olive oil

## Tips:

- Use fresh and sustainable salmon for the best flavor and texture
- Toast the almonds in a pan for a few minutes to enhance their flavor before adding to the rice

Generated on: 6/28/2025, 11:07:39 AM

Original ingredients requested: almonds, salmon, corn, carrots, rice (Meal type: dinner)