

Description: A simple and satisfying dinner made with canned tuna, noodles, and mixed vegetables.

Ingredients:

- 1 can beans, drained and rinsed
- 1 can tuna
- 8 oz noodles
- 2 tbsp mayonnaise
- 1 cup frozen peas

Instructions:

1. Cook the noodles according to package instructions
2. In a large bowl, combine the cooked noodles, canned tuna, and mayonnaise. Mix well.
3. Add the drained beans and frozen peas to the bowl. Mix until everything is well combined

Tips:

- Use low-sodium mayonnaise to reduce the salt content of the dish
- You can customize the recipe by adding your favorite vegetables or seasonings

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*Original ingredients requested: can beans, canned tuna, noodles, mayonnaise, peas
(Meal type: dinner)*